

Abundant Living Lifestyle Center and Health Foods

Price List

We carefully research the products we choose to carry in our store and believe we offer some of the purest, most truly natural products on the market. We are willing to answer any questions you may have on items and hope we are able to simplify your search for natural, healthful products by offering a focused selection of items, in contrast to a confusing endless variety. We've done the work for you of standing at counters reading ingredient lists!

We try our best to stock grocery items that contain no animal products, as well as no refined sugars, grains, and oils. We carry many wheat-free products and other foods that meet special dietary needs. Please call with any questions or special needs you may have.

Prices are subject to change.

Abundant Living Lifestyle Center and Health Foods

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Phone: (205) 669-5483

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www.abundantlivinglifestylecenter.com

Organic Produce

We receive fresh produce weekly- some from our very own organic garden! Prices on organic produce vary week to week and are subject to availability. Call for our most recent prices.

Please feel free to request items you do not see listed here.

Basic Organic Vegetables

Avocado (ea.)
Baby carrot (1 lb. bag)
Beets (bunch)
Broccoli (ea.)
Cabbage, green (lb.)
Cabbage, red (lb.)
Carrot (5 lb. bag)
(discount with 5 or more bags)
Cauliflower (ea.)
Celery (ea.)
Cucumber (ea.)
Garlic (lb.)
Green beans (lb.)
Kale (ea.)
Lettuce, Red leaf (ea.)
Lettuce, Romaine (ea.)
Onion (yellow- lb.)
Red onion (lb.)
Mushroom (pkg.)
Pepper, Green (lb.)
Pepper, Red (lb.)
Potato, Red (lb.)
Potato, Russet (5 lb. bag)
Potato, Yukon (5 lb. bag)
Spinach (bunch)
Sweet Potato (lb.)
Tomato, cherry (pint)
Tomato, Roma (lb.)
Tomato, slicing (lb.)
Yellow squash (lb.)
Zucchini (lb.)

Basic Organic Fruits

Apple (sweet- 3# bag)
Grannysmith (3# bag)
Bananas (lb.)
Grapefruit (ea.)
Grapes (bag)
Kiwi (ea.)
Lemon (ea.)
Orange (ea.)
Pear (lb.)
Strawberries (8 oz.)

Bulk Raw Nuts, Seeds, Dried Fruit

all of our raw nuts, seeds, dried fruit
and raw grains are sensitively stored
in refrigerated coolers

Organic Nuts

Raw Organic Almonds
\$8.85/lb.

Raw Non-Organic Almonds
\$4.25/lb.

Raw Organic Brazil Nuts
\$4.25/lb.

Raw Organic Cashews
\$8.65/lb.

Raw Organic Hazelnuts/Filberts
\$3.99/lb.

Raw Non-Organic Macadamias
\$7.50/lb.

Raw Organic Pecans
\$11.40/lb.

Raw Organic Pistachios
\$8.50/lb.

Raw Organic Pine Nuts
\$12.65/lb.

Raw Organic Walnuts
\$6.75/lb.

Organic Seeds

Raw Organic Flax Seeds
\$1.50/lb.

Raw Organic Pumpkin Seeds
\$3.40/lb.

Raw Organic Sesame Seeds
\$2.49/lb.

Raw Organic Sunflower Seeds
\$1.65/lb.

Organic Unsulphured Dried Fruits

Organic Apricots
\$3.08/lb.

Organic Halawi Dates
\$3.15/lb.

Organic Medjool Dates
\$5.45/lb.

Organic Prunes
\$4.80/lb.

Organic Thompson Raisins
\$2.15/lb.

Organic Calimyrna Figs
\$5.90/lb.

Organic Turkish Figs
\$3.65/lb.

Coconut Date Rolls
\$3.95/lb.

Almond Date Rolls
\$4.60/lb.

Organic Grains

Raw Organic Buckwheat
\$1.69/lb.

Raw Organic Oat Groats (Sproutable)
\$1.89/lb.

Organic Steel-cut Oats
\$.69/lb.

Organic Rolled Oats
\$.89/lb.

Organic Millet
\$.69/lb.

Organic Roast Kasha
\$1.49/lb.

Organic Long Grain Brown Rice
\$1.29/lb.

Organic Sweet Brown Rice
\$1.29/lb.

Organic Wild and Basmati Rice Blend
\$2.49/lb.

Organic Yellow Popcorn
\$.99/lb.

Organic Dried Beans

Organic Garbanzo Beans
\$1.69/lb.

Organic Kidney Beans
\$1.59/lb.

Organic Pinto Beans
\$1.29/lb.

Organic Black Turtle Beans
\$1.29/lb.

Organic Green lentils
\$.99/lb.

Organic Split Green Peas
\$.89/lb.

Frozen Organic Fruits

Organic Strawberries (5 lb.)
\$19.80

Organic Strawberries (10 oz.)
\$4.35

Organic Blueberries (5 lb.)
\$23.99

Organic Blueberries (10 oz.)
\$4.35

Organic Pineapple (5 lb.)
\$22.95

Organic Mangos (5 lb.)
\$21.10

Organic Peaches (5 lb.)
\$21.49

Frozen Organic Vegetables

Organic Peas (1 lb.)
\$3.16

Organic Corn (1 lb.)
\$2.74

Organic Mixed Vegetables (1 lb.)
\$2.79

Frozen Treats

Mango Raspberry Bar
\$1.25 each

Rice Dream Bar
\$1.25 each

Mango Raspberry Frozen Dessert
\$2.99 per pint

Frozen Prepared Foods

Wheat-free Waffles
\$3.09 per box

Amy's Bean and Rice Burritos
\$2.40 each

Tamale Pie
\$2.85 each

Sunshine Burger
\$3.85 per box

Southwestern Burger
\$3.99 per box

Sprouted Grain Breads

Ezekiel Bread- Original
\$3.59

Ezekiel Bread- Sesame
\$3.59

Ezekiel Bread- Cinnamon Raisin
\$4.15

Ezekiel Burger Buns (Sesame)
\$3.19

Wheat/Yeast Free Pizza Crust

Spelt Pizza Crust
\$4.65

Tortillas

Corn Tortillas
\$1.20

Whole Wheat Tortillas
\$1.35

Whole Wheat Breads

Oat N' Bran Bread
\$2.89

Ozark Burger Buns
\$2.99

English Muffins
\$2.50

Pita Pockets
\$1.50

Flax/Sunflower Bread
\$4.69

Millet Breads (wheat and yeast-free!)

Millet Special Bread
\$3.89

Millet Burger Buns
\$3.99

Millet Dinner Rolls
\$3.99

Millet Raisin Bread
\$4.49

Millet Garlic Basil Bread
\$3.99

Millet Garlic Basil Flats
\$3.99

Millet Apple Cinnamon Buns
\$4.59

Refrigerated Products

Refrigerated Probiotics

PB8- Nutrition Now
60 veg. caps. \$14.99

PB8- Nutrition Now
120 caps. \$24.99

Rhino Acidopholus- Nutrition Now
Children's \$14.95

Probiotic- Hallelujah Acres
90 cap. \$24.95

Children's Probiotic- Hall. Acres
90 caps. \$24.95

Intestinal Balance- Hall. Acres
60 caps. \$24.95

Probiotic Eleven- Nature's Sunshine
90 caps. \$26.95

Refrigerated Unrefined Oils

Udo's Oil
17 oz \$22.65

Flax Oil (Flora)
17 oz \$16.95

Flax Oil (Barlean's)
16 oz \$15.75

Flax Oil (Omega)
32 oz \$23.25

Garlic Chili Flax Oil (Omega)
12 oz \$9.95

Essential Balance Oil (Omega)
12 oz \$9.95

Essential Balance Oil (Omega)
32 oz \$22.95

Raw Nut/Seed Butters

Raw Organic Almond Butter
(Living Tree)
16 oz. \$15.99

Raw Organic Tahini (Living Tree)
16 oz. \$7.99

Cheese Substitutes

Cheddar Rice Cheese (Soya Kaas)
6 oz. block \$2.99

Mozzarella Rice Cheese (Soya Kaas)
6 oz. block \$2.99

Cheddar Rice Cheese (Soyco)
8 oz. shredded \$2.99

Mozzarella Rice Cheese (Soyco)
8 oz. shredded \$2.99

Other Refrigerated Items

Organic Butter (Organic Valley)
1 lb. \$6.75

Organic Shredded Coconut
8 oz \$2.99

Grapeseed Oil Vegennaise
16 oz. \$4.99

Grapeseed Oil Vegennaise
32 oz. \$6.99

Organic Sun-Dried Tomatoes
¼ lb. \$3.15

Carob Chips (Non-hydrogenated)
½ lb. \$3.99

Raw Carob Powder
½ lb. \$1.75

Organic Canned Tomatoes

Organic Diced Tomatoes (Muir Glen)
14.5 oz. \$1.79

Organic Diced Tomatoes (Muir Glen)
28 oz. \$2.35

Organic No-Salt Tomato Sauce
(Muir Glen)
15 oz. \$1.79

Organic Tomato Paste (Muir Glen)
6 oz. \$1.19

Organic Chunky Tomato Sauce
(Muir Glen)
28 oz. \$2.49

Organic Pasta/Pizza Sauce

Organic Pizza Sauce (Muir Glen)
15 oz. \$1.99

Organic Tomato and Basil Pasta Sauce
(Amy's)
26 oz. \$4.25

Organic Pasta Sauce (Tree of Life)
26 oz. \$3.99

Grated Rice Parmesan (Soyco)
4 oz. \$3.19

Wholegrain Pastas

Whole Wheat Angel Hair Pasta
(DeBoles)
8 oz. \$2.09

Spelt Angel Hair Pasta (Vitaspelt)
10 oz. \$2.75

Spelt Lasagna (Vitaspelt)
8 oz. \$3.09

Brown Rice Spaghetti (Tinkyada)
16 oz. \$3.39

Penne Brown Rice Pasta (Tinkyada)
16 oz. \$3.39

Spiral Brown Rice Pasta (Tinkyada)
16 oz. \$3.39

Lentil Pasta (Papadini)
7 oz. \$2.99

Unrefined Oils/Butters

(also see refrigerated section)

Unrefined Organic Coconut Oil/Butter
(Omega)
32 oz. \$10.79

Unrefined Organic Coconut Oil/Butter
(Omega)
16 oz. \$6.69

Organic Everyday Olive Oil (Spectrum)
33.8 oz. \$12.69

Organic XVG Olive Oil (Spectrum)
12.7 oz. \$7.99

Unrefined Sea Salt, Vinegar, Etc.

Organic Raw Apple Cider Vinegar
(Eden)

16 oz. \$1.39

Unrefined Sea Salt (Eden)

14 oz. \$3.98

Herbamare (A. Vogel)

8.8 oz. \$7.59

Kelp Granules (Maine Coast)

1.5 oz. \$2.89

Salad Dressings

Green Garlic Dressing (Annie's)

8 oz. \$3.35

Oil and Vinegar Dressing

(Newman's Own)

16 oz. \$4.89

Italian Herb Dressing (Seeds of Change)

8 oz. \$3.79

Sweet Basil Dressing (Seeds of Change)

8 oz. \$3.79

Red Pepper Dressing (Seeds of Change)

8 oz. \$3.79

French Tomato Dressing

(Seeds of Change)

8 oz. \$3.79

Honey Mustard Dressing

(Simply Delicious)

8 oz. \$3.99

Condiments

Sweet Relish (Cascadian Farms)

12.6 oz. \$3.65

Dill Relish (Cascadian Farms)

12.6 oz. \$3.65

Dill Pickles (Cascadian Farms)

24 oz. \$4.49

Organic Stoneground Brown Mustard
(Eden)

9 oz. \$2.65

Yellow Squeeze Mustard (Tree of Life)

8 oz. \$1.99

Organic Squeeze Ketchup (Tree of Life)

13.5 oz. \$2.79

BBQ Sauce (Annie's)

12oz. \$2.99

Mexican-style Foods

Guacamole Seasoning (Bearitos)

Packet \$1.05

Chili Seasoning (Bearitos)

Packet \$1.39

Organic Salsa (Enrico's)

15 oz. \$3.39

Salsa (Enrico's)

26 oz. \$4.19

Organic Black Bean and Corn Salsa
(Muir Glen)

16 oz. \$3.49

Organic Spicy Refried Beans (Bearitos)

16oz. can \$1.99

Organic Refried Black Beans (Bearitos)
16oz. can \$1.99

Organic Red Beans (Westbrae/Eden)
15oz. can \$1.69

Chips

Organic Baked Yellow Tortilla Chips-
salt-free (Guiltless Gourmet)
7oz. bag \$2.79

Organic Black Beans (Westbrae/Eden)
15oz. can \$1.69

Organic Baked Blue Tortilla Chips
(Guiltless Gourmet)
7oz. bag \$2.79

Organic Kidney Beans (Westbrae/Eden)
15oz. can \$1.69

Organic Baked Red Tortilla Chips
(Guiltless Gourmet)
7oz. bag \$2.79

Organic Garbanzo Beans
(Westbrae/Eden)
15oz. can \$1.69

Baked Potato Chips (Kettle Krisps)
4oz. bag \$3.29

Teas and Coffee Substitutes

Wild Rice Chips- lightly salted
5.5 oz.. bag \$2.49

Herbal Tea Sampler (LongLife)
20 bags \$3.99

Wild Rice Chips- garlic
1 oz. bag \$.69

Peppermint Tea (LongLife)
20 bags \$3.99

Wild Rice Chips- lightly salted
1 oz. bag \$.69

Cranberry Tea (LongLife)
20 bags \$3.99

Organic Canned Beans

Organic Spicy Refried Beans (Bearitos)
16oz. can \$1.99

Vanilla Spice Tea (LongLife)
20 bags \$3.99

Organic Refried Black Beans (Bearitos)
16oz. can \$1.99

Roast Soybean Coffee (SonSoy)
12 oz. \$5.99

Organic Chili Beans (Westbrae/Eden)
15oz. can \$1.69

Hazelnut Roast Grain Beverage
(Teccino)
8.5 oz. \$8.39

Organic Pinto Beans (Westbrae/Eden)
15oz. can \$1.69

Vanilla Nut Roast Grain Beverage
(Teccino)
8.5 oz. \$8.39

Roma (Natural Touch)
7 oz. \$8.39

Rice Milks

Organic Rice Dream- Original (Imagine)
32 oz. \$2.49

Vanilla Rice Dream (Imagine)
32 oz. \$2.49

Organic Natural Rice Milk (YU)
32 oz. \$2.59

Juices/Coconut Milk

Organic Apple Juice (Knudsen)
½ gallon \$4.75

Organic Lemon Juice (Santa Cruz)
16 oz. \$3.69

Coconut Milk (Port Arthur)
14 oz. \$1.39

Canned Soups/Packaged Mixes

Organic Lentil Soup (Amy's)
14.7 oz \$2.29

Organic Minestrone Soup (Amy's)
14.7 oz \$2.29

Organic Black Bean Soup (Amy's)
14.7 oz \$2.29

Organic Spicy Chili (Amy's)
14.7 oz \$2.69

Organic Creamy Tomato Soup (Imagine)
32 oz. \$3.95

Organic Vegetable Broth (Imagine)
32 oz. \$2.99

Organic No-Chicken Broth (Imagine)
32 oz. \$3.09

Tabouli Mix (Fantastic Foods)
6 oz. \$1.99

Wholegrain Flours and Other Baking Supplies

Organic Whole Wheat Pastry Flour
(Arrowhead Mills)
5 lb. \$5.65

Organic Whole Wheat Flour
(Arrowhead Mills)
5 lb. \$5.25

Organic Yellow Cornmeal
(Arrowhead Mills)
2 lb. \$2.29

Organic Blue Cornmeal
(Arrowhead Mills)
2 lb. \$3.15

Organic Spelt Flour (Arrowhead Mills)
2 lb. \$4.15

Organic Brown Rice Flour
(Arrowhead Mills)
2 lb. \$3.65

Organic Oat Flour (Arrowhead Mills)
24 oz. \$3.02

Organic Kamut Pancake Mix
(Arrowhead Mills)
2 lb. \$3.79

Organic Buckwheat Flour
(Arrowhead Mills)
2 lb. \$3.65

Organic Quinoa (Arrowhead Mills)
14 oz. \$3.85

Scottish Oats (Bob's Red Mill)

20 oz. \$2.99

Garbanzo Bean Flour (Bob's Red Mill)

22 oz. \$2.99

Unbleached Parchment Paper

71 sq.ft. \$3.49

Aluminum and Sodium-Free Baking Powder (Featherweight)

8 oz. \$4.59

Aluminum-Free Baking Powder (Rumford)

10 oz. \$2.69

EnerG Egg Replacer (EnerG Foods)

16 oz. \$5.69

Roast Carob Powder (Chatfield's)

16 oz. \$3.29

Organic Vanilla Extract

4 oz. \$8.29

Organic Vanilla Flavoring- no alcohol

4 oz. \$8.89

Sweeteners

Local Raw Honey

1 quart \$7.99

Honey Bear- local, raw honey

12 oz. \$3.50

Sucanat

1 lb. \$3.74

Brown Rice Syrup (Lundberg)

22 oz. \$4.19

Maple Syrup (Spring Tree)

32 oz. \$14.95

Breakfast Cereals

Crispy Rice Cereal (Erewhon)

10 oz. \$3.99

Puffins Cereal (Barbara's)

12 oz. \$4.29

Shredded Oats Cereal (Barbara's)

16 oz. \$4.39

Apple Cinnamon O's Cereal (Barbara's)

10 oz. \$3.89

Fruity Punch Cereal (Barbara's)

10 oz. \$4.05

Wholegrain Cookies

Wheat-free Fig Bars (Barbara's)

12 oz. \$3.85

Wheat-free Raspberry Fig Bars (Barbara's)

12 oz. \$3.85

Whole Wheat Graham Crackers (Midel)

16 oz. \$2.99

Pecan Shortbread (Pamela's wheat-free)

7.25 oz. \$3.49

Lemon Shortbread (Pamela's wheat-free)

7.25 oz. \$3.49

Wholegrain Crackers/Rice Cakes

Sesame Spelt Crackers (from Germany)

3.5 oz. \$2.49

Wheatines Crackers (Barbara/s)
9 oz. \$3.59

Organic Rice Cakes- No Salt (Lundberg)
8.5 oz. \$2.89

Organic Rice Cakes- Sweet Mochi
(Lundberg)
8.5 oz. \$2.95

Fruit Spreads/Sauce

Grape Preserves (Sorrel Ridge)
10 oz. \$2.99

Organic Strawberry Spread (Crofters)
10 oz. \$3.49

Organic Raspberry Spread (Crofters)
10 oz. \$3.49

Organic Black Currant Spread (Crofters)
10 oz. \$3.49

Organic Apple Butter (Eden)
17 oz. \$3.99

Organic Apple Sauce (Eden)
25 oz. \$3.39

Nut Butters

(also see refrigerated section)

Raw Pumpkinseed Butter (Omega)
20 oz. \$8.79

Raw Almond Butter (Maranatha)
16 oz. \$8.15

Raw Organic Tahini (Maranatha)
16 oz. \$5.19

Raw Cashew Butter (Eastwind)
16 oz. \$5.64

Snacks

Snackimals- oat cookies (Barbara's)
2.125 oz. \$.99

Organic Apple Fruit Leather
\$.55

Organic Raspberry Fruit Leather
\$.55

Organic Strawberry Fruit Leather
\$.55

Organic Grape Fruit Leather
\$.55

Tropical Fruit Leather
\$.55

Bible Bar
\$1.99

Macadamia Bliss Bar
\$1.75

Almond Cashew Bliss Bar
\$1.75

Walnut Date Bliss Bar
\$1.75

Carob Iced Spelt Donut
\$1.49

Iced Blueberry Spelt Donut
\$1.49

Oat Raisin Pecan Cookie (Spelt)
\$1.49

Pina Colada Cookie (Spelt)
\$1.49

Lemon Poppyseed Cookie (wheat-free)
\$1.95

Double Carob Cookie (wheat-free)
\$1.95

Date Nut Energy Square (wheat-free)
\$1.39

Carob Energy Square (wheat-free)
\$1.39

Almond Butter Balls (Betty Lou's)
\$.89

Cherry Bars (Betty Lou's)
\$.99

Strawberry Bars (Betty Lou's)
\$.99

Raw Snacks (special order)

Flax Crisps (Mauk Farms)
\$4.49

Wheat-free Crust (Mauk Farms)
\$4.49

Temple Balls (Glaser Farms)
\$4.39

Flax Crackers (Glaser Farms)
\$4.39

Sprouting Equipment and Seeds

Sprouting Jar with 3 lids
\$4.99

Sprouting Toppers (3 lids)
\$3.50

Alfalfa Seeds
BULK 54 \$3.90/lb.

Mung Beans
BULK 31 \$2.78/lb.

Whole Green Peas
BULK 67 \$2.67/lb.

Bulk Herbs/Spices/Seasonings
Frontier Brand

Organic Basil Leaves
BULK 30 .91/oz.

Organic Bay Leaves
BULK 57 1.16/oz.

Ground Cayenne
BULK 49 \$.48/oz.

Chili Powder
BULK 24 \$.64/oz.

Organic Cinnamon
BULK 43 \$.59/oz.

Organic Ground Cumin
BULK 33 \$1.24/oz.

Cumin Seed
BULK 34 \$.62/oz.

Organic Dill Weed
BULK 70 \$1.44/oz.

Whole Fennel Seed
BULK 73 \$.45/oz.

Organic Garlic Powder
BULK 27 \$.80/oz.

Kelp Powder
BULK 69 \$.80/oz.

Organic Ground Mustard
BULK 29 \$.47/oz.

Nutritional Yeast Flakes
BULK 79 \$1.00/oz.

Organic Onion Powder
BULK 28 \$.74/oz.

Organic Onion Flakes
BULK 77 \$.84/oz.

Organic Oregano
BULK 25 \$.78/oz.

Organic Paprika
BULK 38 \$1.28/oz.

Organic Parsley
BULK 35 \$1.25/oz.

Psyllium Powder
BULK 55 \$.80/oz.

Organic Rosemary Leaves
BULK 58 \$.91/oz.

Thyme
BULK 37 \$1.15/oz.

Organic Ground Ginger
BULK 75 \$1.27/oz.

Curry Powder (organic) (Frontier)
1.76 oz. \$4.65

Five Spice Powder (Frontier)
1.92 oz. \$3.59

Garam Masala Powder (Frontier)
2 oz. \$4.35

Mexican Seasoning (Frontier)
2 oz. \$3.89

Organic Nutmeg (Frontier)
1.9 oz. \$6.35

Pizza Seasoning (Frontier)
1.04 oz. \$3.29

Poultry Seasoning (Frontier)
1.20 oz. \$3.29

Pumpkin Pie Spice (Frontier)
1.92 oz. \$3.99

Simply Organic Seasoning (Frontier)
.8 oz. \$3.45

Organic Turmeric (Frontier)
1.28 oz. \$4.39

Bottled Herbs/Spices/Seasonings

Allspice (Frontier)
1.92 oz. \$3.45

Arrowroot Powder (Frontier)
2.72 oz. \$3.45

Cajun Seasoning (Frontier)
2.08 oz. \$3.85

Cloves, Ground (organic) (Frontier)
1.9 oz. \$4.85

Kitchen Appliances and Tools

Prices are subject to change.

Empty Spice Jars
\$.89

Vegetable Peeler (made in Austr.)
\$1.25

Juice Jar Lids (fit 8 oz. canning jar)
8/ \$2.60

Mandoline Slicer
\$24.99

Spiral Slicer
\$19.99

Sprouting Jar with 3 lids
\$4.99

Sprouting Toppers (3 lids)
\$3.50

Large Double-mesh Strainer (for juice)
\$14.95

½ Gallon Water Jug (personal)
\$3.99

3 Gallon Water Jug with Spigot
\$15.99

Personal Water Crock Dispenser
\$22.99/ \$24.99

OJ Pro Juicer
\$69.95

Greenpower Juicer
\$399.00

Champion Juicer (2 colors)
\$209.99

Vitamix TurboBlender
\$339.00

Vitamix- Commercial
\$479.00

Excalibur Dehydrator
\$179.95

Snackmaster Dehydrator
\$89.95

Reverse Osmosis Water Filter
\$425.00

Delzone Ozonator
\$155.00

Home Care Products

Dishwasher Tabs (Ecover)
25 tabs. \$6.15

Dish Liquid (Seventh Generation)
28 oz. \$3.99

Dishwasher Powder (Sev. Generation)
50 oz. \$5.69

Laundry Liquid (Seventh Generation)
50 oz. \$7.15

Earth Aware Cleaner- Aubrey
32 oz. \$6.15

Orangeguard
32 oz. \$8.95

Orangeguard
1 gallon \$23.95

Orangeguard Sprayer
\$2.05

Water Filters

Shower Filter
\$34.99

Shower Filter Replacement
\$19.99

Bath Filter
\$39.99

Bath Filter Replacement
\$24.99

Reverse Osmosis Water Filter
\$425.00

Proactizyme (Nature's Sunshine)
100 tabs \$23.95

Exercise Equipment

Needak Rebounder
\$219.00

Evergain Stress-Buster
Chi Machine \$269.00

Supplements

BarleyMax (Hallelujah Acres)
8.5 oz \$34.95

BarleyMax (Hallelujah Acres)
4.2 oz. \$24.95

BarleyMax Capsules (Hall. Acres)
240 caps \$29.95

FiberCleanse (Hallelujah Acres)
16 oz. \$29.95

GSE (Grapefruit Seed Extract) Liquid
2 oz. \$9.95

GSE (Grapefruit Seed Extract) Tablets
100 caps \$8.95

GSE (Grapefruit Seed Extract) Book
\$10.95

Bioactive B12 (Enzymatic Therapy)
30 tablets \$7.95

B12, B6, Folic Acid (Hall. Acres)
60 tablets \$14.95

Digestive Enzymes (Hall. Acres)
90 capsules \$24.95

Personal Care Products

Kiss My Face Olive Oil Soap
8 oz. \$2.99

Dr. Bronnner's Almond Soap
5 oz. \$2.99

J. R. Ligget's Shampoo Bar
3.5 oz. \$5.39

Jason's Healthymouth Toothpaste
4.2 oz. \$ 5.49

Burt's Bee's Dr. Burt's Toothpaste
3.2 oz. \$3.99

Lily of the Desert Aloe Gel
4 oz. \$3.79

Bath Loofah Mitt
\$3.49

Slippery Elm Powder (Face Powder)
\$1.69/oz.

Wally's Ear Candles (4 pack)
\$9.99

pH Paper
\$10.99 per roll

Enema Bag
\$6.29 each

Foamer Soap Pump (empty)
\$2.75

Almond Liquid Castille Soap
8 oz. \$4.00

Peppermint Liquid Castille Soap
8oz. \$4.00

Balanced Woman
2 oz. \$24.95

Natracare Overnight Pads
10 pads \$5.00

Natracare Regular Pads
14 pads \$3.99

Natracare Panty Shields
30 pads \$2.99

Toilet Paper
4 pack \$2.89

Burt's Bee Products

Burt's Bee Lip balm (tube)
\$1.90

Burt's Bee Lip balm (tin)
\$1.90

Burt's Bee Hand Salve
\$1.40

Burt's Bee's Dr. Burt's Toothpaste
3.2 oz. \$3.99

Burt's Bees Carrot Nutritive Body
Lotion 7 oz \$9.50

Burt's Bees Milk and Honey Body
Lotion 7 oz. \$8.50

Burt's Bees Poison Ivy Soap
\$3.99

Burt's Bees Herbal Insect Repellent
\$3.99

Head to Toe Starter Kit (sampler of
Burt's Bee products)
\$9.99

Aubrey Personal Care Products

B5 design gel
8 oz. \$10.75

Blue Camomile Shampoo
8 oz. \$8.95

BlueGreen Algae Shampoo
8oz. \$12.00

BlueGreen Algae Conditioner
8 oz. \$12.25

Calendula Blossom Deodorant
4 oz. \$8.25

Camomile Herbal shampoo
8 oz. \$7.50

E Plus High C Deodorant
3 oz. \$7.50

Gone! Insect Repellant
4 oz. \$6.00

GPB conditioner
8 oz. \$9.00

Green Tea Sunblock SPF 25
4 oz. \$8.15

Herbal Facial Astringent
8 oz. \$8.75

Herbal Liquid Body Soap
8 oz. \$7.25

Natural Herbal Facial Cleanser
8 oz. \$11.75

Regular Natural Missst Hairspray
8 oz. \$9.95

Super Natural Missst Hairspray
8 oz. \$9.95

Rosa Mosqueta Lotion
8 oz. \$12.60

Soothing Anti-Itch Remedy
4 oz. \$8.50

Sunshade Ultra 15 Sunblock
4 Oz \$7.75

Real Purity Cosmetics

Chablis Blush \$12.00

Indian Dust Blush \$12.00

Peachwood Blush \$12.00

Charcoal Grey Eyeshadow \$12.00

Chocolate Eyeshadow \$12.00

Fawn Eyeshadow \$12.00

Beige Foundation \$24.95

Soft beige Foundation \$24.95

Medium Beige Foundation \$24.95

Honey Beige Foundation \$24.95

Natural Foundation \$24.95

Black Mascara \$12.00

Sable Brown Mascara \$12.00

Tan Pressed Powder \$22.00

Medium Pressed Powder \$22.00

Real Purity Hairspray (8 oz) \$9.99

Ecco Bella Cosmetics

Midsummer Lipcrayon \$11.95

China Clay Lipcrayon \$11.95

Malt Lipcrayon \$11.95

Biscotti Lipcrayon \$11.95

Mauve Rose Lipstick \$11.95

Café Au Lait Lipstick \$11.95

Pink Rose Lipstick \$11.95

Tuscany Rose Lipstick \$11.95

Rosewood Lipstick \$11.95

Claret Rose Lipstick \$11.95

Latte Lipstick \$11.95

Vitamin E Lip Smoother \$11.95

Velvet Eyeliner \$11.95

Seal Eyeliner \$11.95

Bronze Eyeliner \$11.95

Royal blue Eyeliner \$11.95

Educational Resources Books, Audios and Videos

Prices are subject to change.

Our Own Top-Selling Resources

- “Everyday Wholesome Eating”
cookbook by Kim Wilson 12.00
- “Everyday Wholesome Eating . . .
In The Raw”
cookbook by Kim Wilson 15.75
- “Everyday Wholesome Eating
Companion Guide”
book by Kim Wilson 8.00
- “Candida Companion Guide”
book by Kim Wilson 10.00
- “GOOD FOOD GOO HEALTH”
manual by Kim Wilson 12.00
- “A Jumpstart to Healthy Living”
recipes by Ginny Laine Rawls 2.00

Books by Dr. Norman Walker

- “Diet and Salad”
book by Norman Walker 7.95
- “Become Younger”
book by Norman Walker 6.95
- “Colon Health”
book by Norman Walker 7.95
- “Fresh Vegetable Juices”
book by Norman Walker 7.95
- “Natural Weight Control”
book by Norman Walker 6.95

- “Vibrant Health”
book by Norman Walker 6.95

Dr. Lorraine Day Videos

- “Believing is Seeing”
video by Lorraine Day 19.95
- “Cancer Doesn’t Scare Me”
video by Lorraine Day 19.95
- “Diseases Don’t Just Happen”
video by Lorraine Day 19.95
- “Drugs Never Cure Disease”
video by Lorraine Day 19.95
- “Double Blind”
video by Lorraine Day 19.95
- “He Loves Me, He Loves Me Not”
video by Lorraine Day 19.95
- “Sorting Through the Maze”
video by Lorraine Day 19.95
- “Turn on the Light”
video by Lorraine Day 19.95
- “You Can’t Improve on God”
video by Lorraine Day 19.95

Resources from Hallelujah Acres

- “How to Eliminate Sickness”
audio by George Malkmus 12.95
- “Children and the Hallelujah Diet”
audio by Joel Robbins 9.95
- “Make Me Ready”
video by Laura Lee Ryans 24.95

“Adrenaline and Stress”,
book by Dr. Archibald Hart 14.95

“The China Project”
booklet by T. Colin Campbell 3.75

“Pregnancy, Children and Hallelujah
Diet”
book by Olin Idol 9.95

“God’s Way to Ultimate Health”
book by George Malkmus 18.95

“Why Christians Get Sick”
book by George Malkmus 8.95

“You Don’t Have To Be Sick”
book by George Malkmus 3.95

“Vaccination-Deception”
book by Michael Dye 8.95

“How to Eliminate Sickness”
video by George Malkmus 24.50

“Miraculous Self-Healing Body”
video by Hallelujah Acres 17.90

Hallelujah Food Show videos

“Let’s Get Started”
video by Hallelujah Acres 14.95

“A Day on the Hallelujah Diet”
video by Hallelujah Acres 14.95

“Choice, Variety, and Convenience”
video by Hallelujah Acres 14.95

“At Work and Away from Home”
video by Hallelujah Acres 14.95

“Basics for Recipes”
video by Hallelujah Acres 14.95

“Feeding Children
video by Hallelujah Acres 14.95

“Eating in the Outdoors”
video by Hallelujah Acres 14.95

“Holidays, Special Occasions”
video by Hallelujah Acres 14.95

Audios and Books **by Dr. Joel Robbins**

“Health through Nutrition”
audio by Joel Robbins 18.00

“Health through Nutrition”
book by Joel Robbins 14.00

“Juicing for Health”
audio by Joel Robbins 10.00

“Juicing for Health”
book by Joel Robbins 10.00

“Pregnancy, Childbirth, and Children”
audio by Joel Robbins 18.00

“Pregnancy, Childbirth, and Children”
book by Joel Robbins 12.00

“Fasting”
audio by Joel Robbins 18.00

“God’s Nutritional Design”
audio by Joel Robbins 10.00

“Attitudes and Health”
audio by Joel Robbins 24.00

“Immunizations”
audio by Joel Robbins 10.00

“Protein Hang-ups”
audio by Joel Robbins 10.00

“Acute Illnesses”
audio by Joel Robbins 10.00

“Candida”
audio by Joel Robbins 10.00

“Herbal Therapy”
audio by Joel Robbins 10.00

Other Great Books

“Caffeine Blues”
book by Stephen Cherniske 12.99

“Fats that Heal, Fats that Kill”
book by Udo Erasmus 22.95

“Home Safe Home”
book by Debra Lynn Dadd 18.95

“How to Grow More Vegetables”,
book by John Jearons 17.95

“Square-Foot Gardening”,
book by Mel Bartholomew 16.95

“The Simple Living Guide”,
book by Janet Luhrs 21.95

“Mooove over Milk”
book by “Let’s Eat” 9.95

“Not milk. . . Nut milks”
book by Candia Lea Cole 9.95

“Nutrition+Athletic Performance”
book by Douglas Graham 12.00

“Prescription for Nutritional Healing”
book by Phyllis and James Balch
23.95

“The Genesis Diet”,
book by Gordon S. Tessler 12.95

“What the Bible Says About Healthy
Living”
book by Dr. Rex Russell 11.99

“Whole Body Dentistry”,
book by Mark A. Breiner 19.95

“Your Body’s Many Cries For Water”,
book by F. Batmanghelidj 14.95

“Don’t Drink Your Milk”,
book by Dr. Frank Oski 7.95

“Food Revolution”
book by John Robbins 17.95

“Enzyme Nutrition”,
book by Dr. Edward Howell 9.95

“Food Enzymes”,
book by Humbart Santillo 7.95

“Healthy Eating For Life for Children”,
book by PCRM 14.95

“Eat to Live”
book by Dr. Joel Furhman 23.95

“Foodsmart”,
book by Cheryl Townsley 14.00

“Natural Nutrition For Dogs/Cats”,
book by Kymthy R. Schultze 8.95

“Discovering Wholeness”,
book by Cheryl Townsley 26.95

“Excitotoxins”,
book by Russel Blaylock 17.95

“What Your Dr. May Not Tell You
About Breast Cancer”,
book by Dr. John Lee 24.95

“What Your Dr. May Not Tell You
About Premenopause”,
book by Dr. John Lee 14.99

What Your Dr. May Not Tell You About
Menopause”,
book by Dr. John Lee 14.99

Informational Videos

“Diet for a New America”
video by John Robbins 15.95

“Greatest Diet on Earth”, Furhman
video by Dr. Joel Furhman 20.00

Vegetarian Cookbooks

“Vegetarian Planet”,
book by Didi Emmons 16.95

“Great Vegetarian Cooking Under
Pressure”
book by Lorna Sass 27.00

“Flax for Life”,
book by Jade Beutler 6.95

“Salad Dressings for Life”
book by Rhonda Malkmus 13.95

“The Uncheese Book”
book by Joanne Stepaniak 12.95

“Guilt-free Gourmet”
book by Vicki Griffin 19.95

Raw Food Recipe Books

“Hooked on Raw”,
book by Rhio 29.99

“Dining in the Raw”,
book Rita Romano 19.95

“Living in the Raw”,
book by Rose Lee Calabro 17.95

“Recipes for Life”,
book by Rhonda Malkmus 24.95

“Everyday Wholesome Eating. . .
In The Raw”
book by Kim Wilson 15.75

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